



## The Quarterly Newsletter of the Fallbrook Art Association

January 2017

### General Meetings

#### New location, new time

All general meetings will be held every third Saturday at the Fallbrook Women's Club, 238 W. Mission Rd. Critiques— 9:30, business meeting— 10:15, demo— 10:30, lunch on your own— noon-1:00, workshop— 1-4.

**Advanced workshop registration is required** to insure your space and confirm there are enough participants. Please register at least three weeks in advance of each workshop by contacting Carol Reardon, [carol.reardon@sbcglobal.net](mailto:carol.reardon@sbcglobal.net), or calling 760-731-6677, Make checks out to the artist.

**Board Meetings** are on the following Mondays, locations to be announced, Jan. 16, Mar. 13, May 15, Aug. 21 and Oct. 16.

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**Send your news to Susan Frommer, firstwaterlady @verizon.net. Use Word or Pages. Do not send PDF.**

**A letter of Thanks:** Dear FAA, Thank you for having us come to sing for you this year. We appreciate your donations which help us buy new music to entertain you and others. On Pearl Harbor Day we sang at the new Memory Care facility on Washington St. in Murrieta to bring some cheer to the residents. We will be delighted to come back next year if you wish.

The Skylarks



### PRESIDENT'S MESSAGE

Exciting times are ahead for FAA in 2017. We have a new meeting day and time (third Saturday - 9:00 AM doors open) and a new location (Fallbrook Women's Club at the corner of Mission and Mission (yes that is right). Guest artist's workshops will follow on that same day at 1:00.

It will be important that you sign up and pay *in advance* for workshops, so be sure to check the info, see left. If you are unfamiliar with a guest artist's work, go to the website.

Beginning with this issue, (and evolving as we go) we have a new enlarged newsletter, ultimately a new name and logo. It will contain information about other local art groups and various columns of interest. It will be produced quarterly and sent via snail mail to dues-paying members. In between newsletters, you will receive e-mail reminders of events.

Our community outreach is proving successful. We have several new members already so be sure to talk up FAA at every opportunity. We are also seeking feedback from you about our new look and schedule.

By the time you receive this newsletter, our holiday social and volunteer show will have passed. Knowing all you wonderful and creative members, I predict these events were successful and we can look forward to many more successes in 2017.

Susan Frommer

*The most regretful people on earth are those who felt the call to creative work, who felt their own creative power restive and uprising, and gave it neither power or time. Artist, Mary Oliver*

## Calendar

**Fri, Dec. 30**—Volunteer Show intake at Brandon, noon to 3:00.

**Sat, Jan. 7, 5-7:00**—Reception at Brandon, Bring finger food.

**Jan. 21, 9:30 am**—Mike Ishikawa, Pastel, Women's Club. Workshop at 1:00. Bring one painting for critique.

**Sat, Jan 28, Noon-3:00**—Volunteer Show Pick-up

**Feb. 18, 9:30**—Kevin Greenland, Golden Paints Demonstration, Women's Club.

**Mar 18, 9:30**—Elizabeth Sullivan, Acrylic, Women's Club. Workshop, 1:00.

**Mar. no date yet**—Spring Open Judged Show

**Apr 15, 9:30**—Stan Goudey, WC, Women's Club. Workshop at 1:00.

**May 20, 9:30**—Mike Steirnagle, Oil

**June 7**—Potluck and the Brush Guys

**Sept. 16, 9:30**—Valentina Lamdin, oils

**Oct. 21**—Molly Murphy, WC

**Nov. 18**—Jack Ragland, Oil/Acrylic

**Dec. 16**—Holiday Social

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## PROFILES IN ART

*Profiles of local artists will appear periodically to tell the story of their background, challenges and insights.*

### Carol Reardon's Story

I've been interested in art since high school. My art teacher recommended that I become art editor of the year book. That boost encouraged me to go in the art direction. I took art classes for many years but there were years that I didn't paint or draw. It seems there was no time. Life got in the way.

In 1975, a friend and I opened a stained glass store in Laguna Beach. I wanted to be more creative in the designs so I went back to art school. After the stained glass experience, I had to make a living so art took another rest. Overall, art was always a strong interest.

I loved being surrounded by artists and I loved learning about the work of artists I admired. I took art classes one and two at a time for eighteen years. I moved to Fallbrook in 1997. I feared I was moving far away from any art scene. Then I went to an art show and was delighted to find art alive and thriving in Fallbrook. I joined FAA and got involved immediately. I've taken almost every workshop FAA offered. I have served on the board in many positions and as president for two terms twice. I'm a people person so joining Fallbrook's group of active artists who rolled up their sleeves and did the work was pure pleasure.

I like to paint in plein air. When I find a scene that suits me, I get right to work. The problem isn't getting started. It's knowing when to stop. I always quit before I think I'm done because there comes a time when I know the finish line isn't far away, but I'm afraid I'll get carried away and add brush strokes that kill it. "Overworked" is the word. I don't want that so perhaps I underwork sometimes. I think there's less harm in that.

A daunting challenge is affecting my art these days. Seven years ago I was diagnosed with macular



degeneration. I now need to approach my art from a new perspective. Not being able to see every detail has caused my work to become looser, freer. I paint outside with the FAA Wednesday Plein Air Painters. Plein air has always been a favorite but with my new condition I don't have a choice. It's the only way I can paint. Renown watercolorist, Alfred Zornes painted with severe macular degeneration until he was past 94. He once said at the opening of a workshop he was leading, "I thought I was going to have to give up painting but I just went ahead and did it. Now, I think my work is better than ever." I, too, carry the hope that painting looser will be an improvement.

A friend asked once, why I painted. The answer is easy. It makes me happy.

## Mike Ishikawa to Demo in January

Mike Ishikawa is an architect by profession. During his vacations and free time he frequently sketched with pen and ink filling many sketchbooks with places he visited with his wife Miki.



Semiretirement allowed some time to think about new interests which led to the world of pastel paintings. He started using pastels in early 2009 after taking an art class in Torrance. Learning to

apply pastels with its variety of vibrant colors never ends. Since Mike is a skier, hiker and fisherman, painting the outdoors has been one of his passions. He likes to create paintings that stir good memories and leave the viewer happy.

Mike uses bold, bright colors, strong strokes, shades and shadows and varied textures to create an image that is similar to the real thing but with more interest and color. He paints as a hobby. His favorite subjects are seascapes around Palos Verdes, old fishing boats, the high Sierras, deserts and night images of buildings. He paints quickly and his work has a painterly quality. He is a member of the Pastel Society of Southern California and the Pacific Art Guild.

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## Around the Southland

There are many art organizations in the San Diego area and north into Riverside County. The expanded version of this newsletter will attempt to keep you informed of their events. For now, please find some of them listed. Also, help us expand our list by sending information you have to the contact address on the front page.

**San Diego Watercolor Association** is a premier art society. Operating since January, 1965, it has become the largest and most active art association of its kind in the US. It has large gallery and workshop space and a busy schedule of shows and workshops. Not-to-be-missed is their International Exhibition in the Fall. 2825 Dewey Rd, #105, Liberty Station, 619-876-4550.



**COAL Gallery (Carlsbad Oceanside Art League)**, 300 Carlsbad Drive #101 in the shopping and lunch area just east of the grand Victorian mansion. It hosts monthly art shows. Open daily except Tuesdays. 760-795-6120.

**Temecula Valley Art League** has demo/meetings the 3rd Tuesday, 5-8 pm, Sept-June. 28720 Via Montezuma, Temecula.

**Diamond Valley Art Association** in Hemet meets at 123 N. Harvard St. 951-652-3822.

**GEM of the Valley Art Association** hosts demos in Murrieta at the Senior Center, 41717 Juniper St. 951-677-6510.

And, of course, there's **The Brandon Gallery, The Fallbrook Art Center** and the **Fallbrook School of the Arts** plus **Fallbrook Art Association** and the several art umbrella organization whose purpose is to support the arts, right here in Fallbrook. Speaking of art towns!!!

**Art is an attitude.** Here's an artful recipe that tastes good looks great on your table. Send me your artful recipe. See address on front page. **Susan Frommer**

**GARDEN VEGGIE SHRIMP**

I found this in Better Homes and Gardens, January 2015. The parchment paper packets look pretty impressive on the dinner plate. It's fast and delicious.

- 8 oz Couscous
- 4 carrots cut into thin bite-size strips
- 2 large red or yellow (or both) sweet peppers, cut into thin strips
- 4 green onions trimmed and cut up
- 4 cloves garlic, minced
- 1 lb peeled and deveined shrimp
- 1/4 C olive oil & 1/4 C white balsamic vinegar
- 4 sprigs fresh thyme
- 4 lemon wedges
- 2 T butter
- 4-15" squares parchment paper

Preheat oven to 350. Cook couscous in chicken broth for best flavor. (1 C of couscous to 1 C broth) Spoon couscous down middle of each piece of parchment. Layer carrots, peppers, green onions and garlic on to couscous. Top with shrimp. Drizzle oil and vinegar over and sprinkle with salt and pepper. Add thyme sprigs, lemons wedges and butter. Fold parchment over shrimp and vegetables, sandwich style, to secure. Place packets on shallow baking pans and bake about 20 minutes until shrimp turn opaque.

**FAA Membership Form**

Fiscal Year: Jan. 1- Dec. 31  
Checks payable to: Fallbrook Art Association.  
Mail to: PO Box 382, Fallbrook, CA 92088-0382  
Circle information you **DO NOT** want in our directory.

Fallbrook Art Assn. PO Box 382 Fallbrook CA 92088
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First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

FAA is run by volunteers. Where can you help?

Board of Directors: \_\_\_\_\_ A Special Events: \_\_\_\_\_

Programs/workshop help: \_\_\_\_\_ Art Show: \_\_\_\_\_

Other: \_\_\_\_\_

Check Membership Level: Individual - \$45 \_\_\_\_\_

Family (adults & children at same address) - \$55 \_\_\_\_\_

Full-Time Student (with ID) - \$10 \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

