

# ARTFULLY

# YOURS

FALLBROOK ART ASSOCIATION, INC.

FAA



## Bimonthly Newsletter

May  
June  
2017

### What's Inside

- President's Message - 1
- Michael Steirnagle - 1
- Plein Air competition- 2
- Member Profiles- 2
- Burton Change-out- 3
- Perils/Creativity - 3
- What's Up Around Southland - 3
- Membership Application - 4



### President's Message

As we head into summer and the winding down of our meeting season, this will be your last newsletter until we resume meeting again in September. We have had some great demonstrators so far and Kyle already has the line up for the remaining three fall meetings until our potluck in December.



### Michael Steirnagle to Demonstrate in Oil at May Meeting

Michael Steirnagle has been a professional artist for 45 years. He received his professional training at Art Center College of Design in Los Angeles and his BFA from the University of Texas at El Paso.

He started his career as an illustrator doing album covers for such notables as Jerry Garcia, Lynard Skynard and many others. He has done dozens of book jackets, magazine covers and advertising art for companies throughout the U.S. In 1990, Michael moved into Fine Art working in oils utilizing mostly the human figure. He taught College art at Palomar College in San Marcos for 25 years and retired in 2015 to focus on Gallery Painting as well as conducting many workshops at the prestigious Scottsdale Artists' School and in his studio in Escandido and through art organizations throughout the Southwest.

Currently he is represented by Coda Gallery in Palm Desert as well as several galleries on the East Coast. He maintains his studio in Escandido and has a home in Indian Wells as well as Nosara, Costa Rica.

In December, I will be stepping down as President as well so this is a desperate plea for one of you members out there to agree to take on the position of Vice President NOW so you can have some time to get integrated into the job and take over in January 2018.

The President is responsible for leading the Board meetings once a month and preparing the agenda for same. The president leads the general meetings making announcements of important events and generally tries to keep meetings on track and on time. (Kyle reminds me of this often!) We all know that we have lives outside of FAA, so there is always a competent other Board member to lead a monthly meeting if the President is on vacation or has some other reason for missing a meeting.

Of course, as a member of the FAA community as all of you are, the President will help with shows if the need arises, represent the organization once a year at the Board of Supervisors' meeting to obtain County grant funding and generally be available to hear suggestions to make FAA even better than it is already.

Remember, if you have some ideas, the best way to see them implemented is to serve on the Board in some capacity. We have numerous positions to fill each year.

We all enjoyed Stan Goudy's watercolor demo on the 15th. His quick and free application of paint was a joy to watch and his sense of humor kept things lively. We have Michael Steirnagle with his impressive biography to →

*President's message, continued*

to look forward to this month and then on to June. Time to raid the piggybank to get some great deals when The Brush Guys bring their wares for us to peruse while we enjoy our end-of-the-season potluck. Are we not lucky that we have some good cooks among us?  
All for now. Paint on!

*Susan*

*“Whoever lives sincerely and encounters much trouble and disappointment without being bowed down is worth more than one who has always sailed before the wind and has only known prosperity.*

*Vincent van Gogh*

### **Plein Air Competition in June**

FAA's annual plein air competition is scheduled for June 10 at Myrtle Creek Nursery at 2940 Reche Rd. The event is to begin at 9:30 AM. Bring your easel, support and your medium of choice, check in and get time-stamped and then search out an intriguing scene to paint.

Return your finished painting no later than 3:00 PM. Judge Joan Grine will award first, second and third places winners who will receive cash prizes. Paintings will be displayed in the Pavilion and the awards will be presented at 4:00 PM.

Entry fee is \$20 for members and \$25 for non-members. An entry form can be downloaded at FAA's website, <fallbrookartassn.org>.

Come on out and join the fun.

### **New Members' Profiles**

Since our move to a new location and time and our increased outreach, we have had quite a few new artists join our association. As time goes on we hope to profile these new members so you can get to know them better.

For this issue, we will begin with Carolyn and Harold Buchman who joined us a couple of months ago.

Carolyn and Harold are both Los Angeles born and were married there as well. They met Contra dancing in Pasadena. They transplanted themselves from their home in Torrance to Fallbrook in August of last year.

Proving the value of FAA “showing up” at Fallbrook

events, Harold and Carolyn encountered a couple of brave FAA members showing their art in the dark at the tree-lighting ceremony in the park. Carolyn says, “ We walked past the booth and then headed back to take a better look and to talk to the artist. We were so glad that we did.”

They both have been “arty” people for a long time. Carolyn has a degree in Merchandizing (interior design) from FIDM and a BFA in Illustration, and a certificate in Biomedical Illustration from California State University Long Beach. She has worked for LA unified as an art specialist and taught classes at a senior centers. She also has staged homes for resale, designed product lines, posters, and created characters. Harold paints draws and designs use the computer. He loves to sketch large machines, people and animals. Sometimes he sketches from life and sometimes just from ideas he has in his head. He has a degree in Design from UCLA.

Harold has worked in the movie industry for years doing animation lighting and compositing and color correcting. In other words, he performs highly technical computer programming under extreme pressures. He now works for a computer-engineering firm as a programmer in LA.

Carolyn's interest is in creating a visually appealing work no matter the media or task. She says “Sometimes that means pushing the limits and other times it means letting a happy accident happen then there are the times when it is all about control to the max. It is about the visual balance finding its way through me.”

She uses everything from embroidery to sculpture, computer, paper, paint, glass, wood, everything she can get her hands on with the exception of harmful chemicals, which for her includes oil paints. Her asthma dictates what she need to stay clear of.

They work mostly in their studios as opposed to plein air, using their outings as information gathering forays looking for good compositions and moments worthy of capturing with their cameras. This information then informs their in-studio art sessions with what ever medium is chosen to accomplish their visions.

Between them their other loves include gardening, cooking, especially exotic dishes, rebuilding antique furniture, upholstery, reading, hiking, attending ethnic festivals, music (especially Irish, Scottish and Eastern European), singing Sea Shanties, tall sailing ships, riding bikes, playing clarinet and listening to stories.

## **Burton Change-out Set for May 27**

Every six months or so, FAA members provide a new set of paintings for display at the Bob Burton Center for the Performing Arts at the High School in Fallbrook. This is a chance for members to show their art to the public at a low cost and the art can be for sale. There is a limit of two pieces of art per person and the cost is \$10 per.

Help is always needed with the hanging, so if you can help out 10:00 AM to noon on May 27, please contact Jack and Marilee Ragland at <JWragland@gmail.com> of 760-728-9503.

## **The Perils of Setting Aside Your Creativity**

Lesley Riley recently wrote and shared a piece titled "How My Other Lover Saved My Marriage". Now that is a provocative title and sure to grab one's interest. Read on for the rest of the story.

Lesley married her soulmate (her words) at the age of 18 and says 46 years later they are still "madly in love". But, as babies came, she found she had set aside her creative self and found herself profoundly unhappy feeling something was missing despite the husband, the home and five healthy children.

She says, "And that is when I fell in love with my creative self. I had set her aside, thinking I didn't have the time, the space, the energy or the wherewithal to indulge my guilty pleasure. The idea of making time for myself even felt like I would be cheating on my husband, my family, Art was my other lover. I felt guilty for wanting *something more*."

She continues, "I believe that art saved our marriage. Making room for my creativity to have a place in our marriage, to be my other lover, filled the empty hole in my (he)art, my soul, that all the other wonderful elements of my life could not. It was hard work to fit it all in, but I did it and we are all happier for it. I modeled for my sons and daughters that mothers are not just there for them, that they have a life, too. It really is true what they say - "If momma ain't happy, then nobody's happy."

Today Lesley is a successful entrepreneur who writes and works to help others achieve their goals in life. She can be found at <LesleyRiley.com>.

## **What's up Around the Southland**

**May 1** - GEM of the Valley Art Association, Steve Gruber demonstrating in watercolor, 1:00 PM, Murrieta Senior Center, 5 Town Square, Murrieta (off Juniper St.)

**May 15** - FAA Board meeting, Womens Club, 9:30 AM

**Through May 13** - Front Porch Gallery, "Trifecta" featuring Lynn Stonick (one of our previous demonstrators), 2903 Carlsbad Blvd., Carlsbad

**May 16**- Temecula Valley Art League - Jack Ragland, roundtable discussion of each person's painting, 5:00 PM, Assistance League, 28720 Via Montezuma, Temecula

**May 20**- FAA general meeting - Michael Sterinagle demo and workshop in oil, 9:30 AM - Fallbrook Womens Club, corner of Mission and Mission.

**June 5** - - GEM of the Valley Art Association, 1:00 PM, Murrieta Senior Center, 5 Town Square, Murrieta (off Juniper St.), annual potluck and White Elephant sale.

**June 10** - Plein Air Competition at Myrtle Carrk Nursery, 2940 Reche Rd. 9:30 AM

**June 12** - FAA Board Meeting, 9:30 AM, Womens Club

**June 16** - Wine & A bite - downtown Fallbrook, 5:00 - 8:00 PM

**June 17** - FAA general meeting, Potluck and THE BRUSH GUYS, 9:00 AM, Womens Club

**June 20, Temecula Valley Art League** - Shuang Lei demonstrator, 5:00 PM, Assistance League, 28720 Via Montezuma, Temecula

## **To Tickle the Funnybone**

Sign at the counter in a restaurant:

*No Senior Citizen Discounts*

*Your have had twice as long to get the money.*

*Kids today don't know how easy they have it. When I was young, I had to walk nine feet through shag carpet to change the TV channel.*

Lighted sign outside a business:

*Teach your kids about taxes. Eat 20% of their ice cream*

**FALLBROOK ART ASSOCIATION  
P. O. BOX 382  
FALLBROOK, CA 92088 - 0382**

**ADDRESS SERVICE REQUESTED**

## **FAA Membership Application**

Membership period is from January 1 through December 31 each year.

Make checks payable to : Fallbrook Art Association

Mail to: P.O. Box 382, Fallbrook, CA 92088-0382

Please circle any information you DO NOT want to appear in our directory

**First name** \_\_\_\_\_ **Last Name** \_\_\_\_\_

**Address** \_\_\_\_\_

**E-mail** \_\_\_\_\_

**Phone** \_\_\_\_\_

**FAA is a Non-Profit run by volunteers. Would you be willing to volunteer your services in some way? Please check spaces below to indicate your area of interest.**

**Board of Directors Position** \_\_\_\_\_ **Programs/Workshop assistance** \_\_\_\_\_

**Art Show Preparation and coordination** \_\_\_\_\_ **Other** \_\_\_\_\_

**Please check type of membership below:**

**Individual - \$45** \_\_\_\_\_

**Family - (Two adults and dependent children under 21 living at same address) - \$65** \_\_\_\_\_

**Full-time Student (with ID) - \$10** \_\_\_\_\_

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_